

~OCTOBER 2017~

EAST HILL ELEM & MIDDLE SCHOOL: GRADE PK-8: BREAKFAST
ALL STUDENTS EAT BREAKFAST AND LUNCH FOR FREE!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Office of Child Nutrition: 673-6346

MENU SUBJECT TO CHANGE WITHOUT NOTICE

2		3		4 BUILD YOUR OWN		5		6	
Bagel w/toppings		Pancake on a Stick		Honey Wheat Biscuit		Blueberry Muffin or		SCHOOL CLOSED	
Apple Slices		Fresh Grapes		Sausage & Egg		Banana Muffin		Superintendent's	
100% Fruit Juice		100% Fruit Juice		Peaches		Cheese Stick		Conference Day	
				100% Fruit Juice		Fresh Fruit			
						100% Fruit Juice			

9		10		11 BUILD YOUR OWN		12		13	
COLUMBUS DAY		Multi Grain Cereal		Croissant		Apple Spice Muffin		Mini Bagel Back	
School Closed		Graham Crackers		Bacon, Egg & Cheese		Cheese Stick		Sausage Links	
		Mandarin Oranges		Pears		Fresh Fruit		Applesauce	
		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	

16		17		18 BUILD YOUR OWN		19		20	
Bagel w/toppings		Chocolate Chip Muffin		English Muffin		French Toast Sticks		Breakfast Pizza	
Tropical Fruit Mix		Cheese Stick		Sausage, Egg & Cheese		Fresh Fruit		Fruit Cocktail	
100% Fruit Juice		Applesauce		Sliced Strawberries		100% Fruit Juice		100% Fruit Juice	
		100% Fruit Juice		100% Fruit Juice					

23		24		25 BUILD YOUR OWN		26		27	
Multi Grain Cereal		Pancake on a Stick		Bagel		Whole Grain Fruit Pastry		Mini Bagel Pack	
Graham Crackers		Peaches		Sausage & Egg		Cheese Stick		Sausage Links	
Apple Slices		100% Fruit Juice		Pears		Fresh Fruit		Tropical Fruit Mix	
100% Fruit Juice				100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	

30		31		NOV 1 B-Y-O		NOV 2		NOV 3	
Bagel w/topping		Mini Pancake Pack		Croissant		WG Baked Funnel Cake		French Toast Sticks	
Sliced Strawberries		Sausage Links		Bacon, Egg & Cheese		Peaches		Pears	
100% Fruit Juice		Mandarin Oranges		Fruit Cocktail		100% Fruit Juice		100% Fruit Juice	
		100% Fruit Juice		100% Fruit Juice					

- ✓ Low Fat and Fat Free Milk Served Daily.
- ✓ Alternate breakfast may include: cereal & grahams, yogurt w/bread
- ✓ This institution and the USDA are equal opportunity providers.