

~NOVEMBER 2017~
EAST HILL ELEMENTARY: PREK BREAKFAST
 FRUITS ARE ½ CUP SERVING

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Office of Child Nutrition: 673-6346					MENU SUBJECT TO CHANGE WITHOUT NOTICE				
				1		2		3	
				Croissant		Cereal		French Toast Sticks	
				Egg Patty		Peaches		Pears	
				Fruit Cocktail		Milk		Milk	
				Milk					
				6		7		8	
Cereal		Breakfast Pizza		Honey Wheat Biscuit		Zucchini Bread		Zucchini Bread	
Applesauce		Fruit Cocktail		Egg Patty		100% Fruit Juice		100% Fruit Juice	
Milk		Milk		Sliced Strawberries		Milk			
				Milk					
		13		14		15		16	
Bagel w/toppings		Pancake on a Stick		French Toast Sticks		Banana Muffin		Cereal	
100% Fruit Juice		Peaches		100% Fruit Juice		Cheese Stick		Fruit Cocktail	
Milk		Milk		Milk		Apple Pack		Milk	
						Milk			
		20		21		22		23	
Cereal		Pumpkin Bread		School Closed for		School Closed for		School Closed for	
Apple Pack		100% Fruit Juice		Thanksgiving Break		Thanksgiving Break		Thanksgiving Break	
Milk		Milk							
		27		28		29		30	
Bagel w/topping		Breakfast Pizza		Honey Wheat Biscuit		Assorted Muffins		French Toast Sticks	
Apple Pack		100% Fruit Juice		Egg Patty		Cheese Stick		100% Fruit Juice	
Milk		Milk		Apricots		Applesauce		Milk	
				Milk		Milk			

- ✓ Low Fat or Fat Free WHITE milk only
- ✓ Allowable cereals include: Plain Cheerios, Chex, Unfrosted Mini Wheats, Kix, Wheaties, Corn Flakes
- ✓ This institution and the USDA are equal opportunity providers.