

~SEPTEMBER 2017~

EAST HILL ELEM & MIDDLE SCHOOL: GRADE PK-8: BREAKFAST

ALL STUDENTS EAT BREAKFAST AND LUNCH FOR FREE!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Office of Child Nutrition: 673-6346

MENU SUBJECT TO CHANGE WITHOUT NOTICE

4		5		6		7		8	
SCHOOL CLOSED		NO SCHOOL		Pancake on a Stick		Chocolate Chip Muffin		French Toast Sticks	
LABOR DAY		Superintendent's		Syrup		Applesauce		Cheese Stick & Syrup	
		Conference Day		Farm Fresh Apple		100% Fruit Juice		Fruit Cocktail	
				100% Fruit Juice				100% Fruit Juice	

11		12		13 BUILD YOUR OWN		14		15	
Multi Grain Cereal		Breakfast Pizza		Croissant		Blueberry Muffin or		Mini Bagel Pack	
Graham Crackers		Diced Pears		Bacon & Egg		Banana Muffin		Sausage Links	
Diced Peaches		100% Fruit Juice		Fresh Fruit		Mandarin Oranges		Tropical Fruit Mix	
100% Fruit Juice				100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	

18		19		20 BUILD YOUR OWN		21		22	
Bagel w/toppings		French Toast Sticks		Biscuit		Apple Cinn Muffin		Mini Pancake Pack	
Applesauce		Syrup		Sausage & Cheese		Diced Peaches		Sausage Links	
100% Fruit Juice		Fruit Cocktail		Fresh Fruit		100% Fruit Juice		Diced Pears	
		100% Fruit Juice		100% Fruit Juice				100% Fruit Juice	

25		26		27 BUILD YOUR OWN		28		29	
Multi Grain Cereal		Breakfast Pizza		Croissant		Chocolate Chip Muffin		Mini Bagel Pack	
Graham Crackers		Tropical Fruit Mix		Bacon, Egg, Cheese		Applesauce		Sausage Links	
Mandarin Oranges		100% Fruit Juice		Fresh Fruit		100% Fruit Juice		Fruit Cocktail	
100% Fruit Juice				100% Fruit Juice				100% Fruit Juice	

Daily Alternates:		Low Fat and Fat Free		
Cereal & Grahams		Milk served Daily		
Yogurt w/grain				

- ✓ Start the day with a great breakfast!
- ✓ All students may eat breakfast and lunch for free! No applications or information required.
- ✓ This institution and the USDA are equal opportunity providers.