

~JANUARY 2018~
CANAJOHARIE HIGH SCHOOL: GRADE 9-12: LUNCH
ALL STUDENTS EAT BREAKFAST AND LUNCH FOR FREE!

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**
 Office of Child Nutrition: 673-6346 **MENU SUBJECT TO CHANGE WITHOUT NOTICE**

1	2	3 SOUP & SANDWICH	4 ITALIAN FEAST	5
SCHOOL CLOSED	Chicken Nuggets	Turkey Club	Chicken Parmesan	Cheeseburger Deluxe
Happy New Year!	French Fries (S)	Tomato Soup (RO)	Parmesan Pasta	Baked Beans (BL)
	Corn (S)	Baby Carrots w/dip (RO)	Tossed Salad (DG)	Dill Pickles
	Diced Peaches	Apple or Banana	Blueberries w/cream	Applesauce

8 MEATLESS MONDAY	9 TRY IT TUESDAY!	10 ICE CREAM DAY!	11 BREAKFAST 4 LUNCH	12
Bowties w/marinara	<u>Chicken Bowl</u>	Assorted Stromboli	French Toast	Cheese or Pepperoni
Cheese Breadstick	Popcorn Chicken with	Bean Soup (BL)	Egg Patty	Pizza
Broccoli (DG)	Mashed Potatoes,	Diced Pears	Sausage Links	Multi Grain SunChips
Tropical Fruit Mix	Gravy and Corn	Ice Cream	Sweet Potato Tots (RO)	Green Beans (O)
	Dinner Roll & Raspberries		Applesauce	Fruit Cocktail

15	16	17 SOUP & SANDWICH	18 ITALIAN FEAST	19
SCHOOL CLOSED	Chicken Fajitas	Turkey or Ham Wraps	Baked Rotini w/meat	Chicken Patty w/bun
Martin Luther King Day	Mexican Fiesta Rice	Broccoli Cheese Soup	Cheesy Bread	or Buffalo Chkn Patty
	Black Beans (BL)	Carrot Sticks w/dip (RO)	Tossed Salad (DG)	Curly Fries (S)
	Diced Peaches	Apple or Banana	Apple Crisp	Peas (S)
		Pudding w/topping		Apple Slices

22 MEATLESS MONDAY	23	24 SOUP & SANDWICH	25	26
Three Cheese Calzone	Chicken Nuggets	Tuna Sandwich or PBJ	Bacon Cheeseburger	Assorted Stromboli
Cheese Stick	Dinner Roll	Chicken Noodle Soup	Tater Tots (S)	Baked Lays Chips
Green Beans (O)	Baked Beans (BL)	Carrots Sticks w/dip(RO)	Corn (S)	Steamed Broccoli (DG)
Applesauce	Fresh Fruit	Fresh Fruit	Jello w/fruit & topping	Raspberries w/cream

29 MEATLESS MONDAY	30 ASIAN DAY	31 SOUP & SANDWICH	FEB 1	FEB 2
Garlic Cheese French	General Tso Chckn or	Fresh Deli Subs	Assorted Calzones	Hot Dog on a Bun
Bread Pizza	Ch. Blossom Chicken	Vegetable Soup (O)	Cheese Stick	Chili w/beans (BL)
Cooked Carrots (RO)	Rice	Crackers	Peas & Carrots (S)	Multi Grain SunChips
Pears	Steamed Broccoli (DG)	Fruit Cocktail	Diced Peaches	Blueberries w/cream
ice cream	Apple Crisp	Cookie		

- ✓ Low Fat and Fat Free Milk Served Daily.
- ✓ Alternate lunch may include: yogurt w/grain, PB & J, bagel w/protein
- ✓ This institution and the USDA are equal opportunity providers.