

# ~JANUARY 2018~

## EAST HILL ELEM/MIDDLE SCHOOL: GRADE PK-8: LUNCH

ALL STUDENTS EAT BREAKFAST AND LUNCH FOR FREE!

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Office of Child Nutrition: 673-6346

MENU SUBJECT TO CHANGE WITHOUT NOTICE

1		2		3 SOUP & SANDWICH		4 ITALIAN FEAST		5	
SCHOOL CLOSED		Chicken Nuggets		Turkey Club		Spaghetti w/meatballs		Stuffed CB Melt or	
Happy New Year!		French Fries (S)		Tomato Soup (RO)		WW Dinner Roll		Regular Cheeseburger	
		Corn (S)		Baby Carrots w/dip (RO)		Tossed Salad (DG)		Baked Beans (BL)	
		Diced Peaches		Apple or Banana		Blueberries w/cream		Dill Pickles	
								Applesauce	
8 MEATLESS MONDAY		9		10 ICE CREAM DAY!		11 BREAKFAST 4 LUNCH		12	
Mac & Cheese		Chicken Smackers		Assorted Stromboli		French Toast		Cheese or Pepperoni	
Soft Pretzels		Potato Smiles (S)		Bean Soup (BL)		Egg Patty		Pizza	
Broccoli (DG)		Corn (S)		Diced Pears		Sausage Links		Multi Grain SunChips	
Tropical Fruit Mix		Raspberries		Ice Cream		Sweet Potato Tots (RO)		Green Beans (O)	
						Applesauce		Fruit Cocktail	
15		16 TRY IT TUESDAY		17		18 ITALIAN FEAST		19	
SCHOOL CLOSED		Chicken Fajita Grinder		Assorted Sandwiches		Baked Rotini w/meat		Chicken Patty w/bun	
Martin Luther King Day		Rice Pilaf		Mini Pretzels		Cheesy Bread		Curly Fries (S)	
		Black Beans (BL)		Carrot Sticks w/dip (RO)		Tossed Salad (DG)		Peas (S)	
		Diced Peaches		Fresh Fruit		Apple Crisp		Apple Slices	
				Jello w/topping					
22 MEATLESS MONDAY		23		24 SOUP & SANDWICH		25		26	
Three Cheese Calzone		Chicken Nuggets		Tuna Sandwich or PBJ		Bacon Cheeseburger		Assorted Stromboli	
Cheese Stick		WW Dinner Roll		Chicken Noodle Soup		Tater Tots (S)		Baked Lays Chips	
Green Beans (O)		Baked Beans (BL)		Carrots Sticks w/dip (RO)		Corn (S)		Steamed Broccoli (DG)	
Applesauce		Tropical Fruit Mix		Fresh Fruit		Diced Peaches		Raspberries w/cream	
29 MEATLESS MONDAY		30 ASIAN DAY		31 SOUP & SANDWICH		FEB 1		FEB 2	
Garlic Cheese French		Cherry Blossom Chckn		Fresh Deli Subs		Assorted Calzones		Hot Dog on a Bun	
Bread Pizza		Or Tangerine Chicken		with lettuce/tomato		Cheese Stick		Baked Beans (BL)	
Cooked Carrots (RO)		Rice		Vegetable Soup (O)		Peas & Carrots (S)		Multi Grain SunChips	
Pears		Steamed Broccoli (DG)		Crackers		Diced Peaches		Blueberries w/cream	
Pudding w/topping		Apple Crisp		Fruit Cocktail					

- ✓ Low Fat and Fat Free Milk Served Daily.
- ✓ Alternate lunch may include: yogurt w/grain, PB & J
- ✓ This institution and the USDA are equal opportunity providers.